



Dear CAND-PPW Attendee:

Thank you for registering to attend one of the California Academy of Nutrition and Dietetics most important statewide meetings. You are commended for taking action to put the spotlight on our profession (RDs/NDTRs) and nutrition practice during National Nutrition Month, for our elected leaders to see. It's vital that we make ourselves visible to our public officials. Participating in CAND-PPW will help you become better informed about the legislative process and impact our legislators' knowledge about California's nutrition experts!

Things to Know about March 6:

- The workshop will start **promptly** at 9:00 AM on March 6th (registration/breakfast opens at 8:00).
- The agenda includes 4 hrs of presentations, including policy and legislation overviews and updates, as well as advocacy training. Our guest speakers include Senator Dr. Ed Hernandez (chair of the Senate Health Committee), Assembly Member Jim Wood (chair of the Assembly Health Committee), Lauren Au, PhD, RD (keynote speaker), and our lobbyists, Jim Gross and Missy Johnson.
- From 1:30-5:30, attendees will have the opportunity to visit their legislators' offices in pairs or groups to share our policy priorities and initiate or refresh conversations about our roles (and challenges we face) in advancing health through food & nutrition in our communities.
- Students and interns will have the opportunity to volunteer for a shift at a nutrition education table in the Capitol, handing out nutrition info sheets (National Nutrition Month focus), answering nutrition questions, and performing biometrics (BIA body fat analysis).
- **Bring plenty of your business cards** to hand out in the legislators' offices. Work business cards are good because it shows our diversity in practice.
- Remember that this is a day where our attire/appearance makes an impression. **Please dress professionally, as if you are going to a job interview.**

Things to Do before March 6:

- Attend your CAND district's PPW bootcamp/meeting, which will provide preliminary training and answer your questions about what to expect when you come to Sacramento. Your district Public Policy Rep will be contacting you and/or sending information about this meeting in district newsletters and emails.
- Review the CAND-PPW materials that are being loaded on our members-only "myCAND" section of the CA Academy website (www.dietitian.org) for quick and easy access.
- Learn about your state legislators before visiting them. Look up your California assembly member's and senator's information on www.legislature.ca.gov (find their home pages via this website). Look for legislation they have authored or co-sponsored. Identify their committee memberships (committees that align with our priorities are Health, Human Services, Appropriations, and Business & Professions).

Please contact your CAND district Public Policy Rep if you have any questions. We are very excited about meeting you all and having a wonderful experience on Monday, March 6th.

Heidi Kiehl, MS, RDN, CNSC - CAND State Policy Representative (hkiehlrd@gmail.com)

CAND-PPW Co-Coordinator: Nancy Jacobson, MS, RDN, Molly Kitamura, RDN, CNSC, Steven Blankenship, RD, and Lorri Holzberg, MA, RDN.